

Centers of Mass and Moments of Inertia Formulas in Two Dimensions

$$\text{Mass: } m = \iint_R \rho(x, y) dA$$

$$\text{Moment of mass about the } x\text{-axis: } M_x = \iint_R y\rho(x, y) dA$$

$$\text{Moment of mass about the } y\text{-axis: } M_y = \iint_R x\rho(x, y) dA$$

$$\text{Center of mass: } (\bar{x}, \bar{y}) = \left(\frac{M_y}{m}, \frac{M_x}{m} \right)$$

$$\text{Moment of inertia about the } x\text{-axis: } I_x = \iint_R y^2\rho(x, y) dA$$

$$\text{Moment of inertia about the } y\text{-axis: } I_y = \iint_R x^2\rho(x, y) dA$$

$$\text{Moment of inertia about the } z\text{-axis: } I_0 = \iint_R (x^2 + y^2)\rho(x, y) dA = I_x + I_y$$

(also called the polar moment of inertia)

$$\text{Radius of gyration about the } x\text{-axis: } \bar{\bar{y}} = \sqrt{\frac{I_x}{m}}$$

$$\text{Radius of gyration about the } y\text{-axis: } \bar{\bar{x}} = \sqrt{\frac{I_y}{m}}$$