

## DAYS OF THE WEEK (m=7)

	WED	THU	FRI	SAT	SUN	MON	TUE
	-112	-111	-110	-109	-108	-107	-106
	-105	-104	-103	-102	-101	-100	-99
	-98	-97	-96	-95	-94	-93	-92
	-91	-90	-89	-88	-87	-86	-85
	-84	-83	-82	-81	-80	-79	-78
	-77	-76	-75	-74	-73	-72	-71
	-70	-69	-68	-67	-66	-65	-64
	-63	-62	-61	-60	-59	-58	-57
	-56	-55	-54	-53	-52	-51	-50
	-49	-48	-47	-46	-45	-44	-43
	-42	-41	-40	-39	-38	-37	-36
	-35	-34	-33	-32	-31	-30	-29
	-28	-27	-26	-25	-24	-23	-22
	-21	-20	-19	-18	-17	-16	-15
	-14	-13	-12	-11	-10	-9	-8
	-7	-6	-5	-4	-3	-2	-1
TODAY	0	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31	32	33	34
	35	36	37	38	39	40	41
	42	43	44	45	46	47	48
	49	50	51	52	53	54	55
	56	57	58	59	60	61	62
	63	64	65	66	67	68	69
	70	71	72	73	74	75	76
	77	78	79	80	81	82	83
	84	85	86	87	88	89	90
	91	92	93	94	95	96	97
	98	99	100	101	102	103	104
	105	106	107	108	109	110	111
	112	113	114	115	116	117	118